Family Olympics

1. Come up with your own Olympic sports, using ONLY things that you already have in the house.

2. Take turns competing in each sport, and record your results on the provided charts. (See example below.)

3. Cut out the medals on the next page and present them to the winners (ideally at a huge ceremony in front of the whole town).

Example:

Couch Diving

Rules: Each athlete takes a running start and dives onto the couch, completing a trick in mid-air before landing. Tricks are rated on a scale of 1-10 by a panel of unbiased judges.

Athlete	Description	Score
Mom	Quadruple backflip	8
Dad	Belly flop karate chop	2
Uncle Joe	Corkscrew gainer	5
Jamie	The flaming lion	$7\frac{1}{2}$
Alex	Somersault pole vault	6
Baby Sam	There is no way to describe this trick	10

Athlete		Score

Athlete		Score

Athlete		Score

Athlete		Score

Athlete		Score

Athlete		Score